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The Friends of the Flich Way

The Flich Way is managed by Essex County Council Country Park Rangers, assisted by volunteers from The Friends of the Flich Way. The Friends has been a registered charity since 2005 and membership is open to anyone over the aged of 16. Full details and photographs of the range of work undertaken by the Friends can be found at www.friends-of-the-flich-way.org.uk.

Welcome to the Flich Way

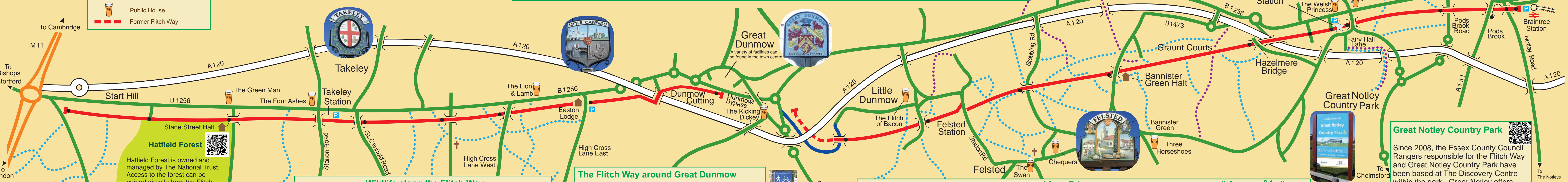
The former railway line that stretches around 15 miles between Bishops Stortford and Braintree. Leaflets with additional information about the Flich Way can be picked up from Rayne Station, Great Notley Country Park and local libraries and Tourism Information Centres.

Rayne Station Centre

Built in 1866, Rayne Station was one of the busiest stations on the line. The building was converted into a tea room and became The Booking Hall Café in 2009. For more information on the café, visit www.thebookinghall.co.uk or to check opening times please call 07931 408075. Toilets and free parking are available at the station.

Great Notley Country Park

Since 2008, the Essex County Council Rangers responsible for the Flich Way and Great Notley Country Park have been based at The Discovery Centre within the park. Great Notley offers many facilities including a visitor centre and café, a sensory trail, a superb variety of play equipment, cycle hire, fishing, sports and education facilities. Rangers can be contacted on 01376 347134 or at GreatNotley.CountryPark@essex.gov.uk Parking charges apply every day.



Wildlife along the Flich Way

The former railway line is managed by the rangers to ensure it is an accessible path throughout the year for walkers, cyclists, horse riders and other visitors. The Flich Way is also an important area for wildlife as it acts as a wildlife corridor. Habitats which can be encountered along the route include grassland, wildflower meadow, farmland, woodland and hedgerow. These habitats support a high diversity of plants, mammals, birds and insects, including orchids, glow worms, butterflies and birds.

The Flich Way around Great Dunmow

The building of the new A120 dual carriageway has resulted in a gap in the Flich Way on the eastern side of Great Dunmow. Cyclists and walkers wishing to re-join the track on the western side of Great Dunmow should follow the blue and white National Cycle Route 16 signs through the town. Access can be regained at the marked access point on the south side of the Dunmow bypass, B1256.

